

Early Intervention Makes a Difference

An estimated one in eight women will be impacted by breast cancer in their lifetime and the vast majority of cases will occur after age 40. However, in the midst of these troublesome statistics, there is some good news:

- Sophisticated diagnostic tools can detect asymptomatic breast cancer in its earliest stages.
- The survival rate for patients with early stage breast cancer exceeds 90%.

Mountainside Hospital provides the finest quality breast health services available in a pleasant, convenient setting that affords every patient personalized attention and support.

The Mountainside Breast Health Program accepts all major health insurance plans.

For further information, call (973) 429-6120.

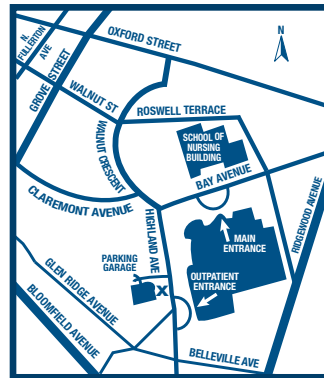
To schedule a mammography, call the Central Scheduling Office at (973) 873-7787 or (877) 523-7787 toll-free.

Location and Hours of Service

The Breast Program at Mountainside Hospital is located in the Harries Pavilion. For further information, call **(973) 429-6120**.

To schedule a mammography, call the Central Scheduling Office at **(973) 873-7787** or **(877) 523-7787 toll-free**. Mammograms can be scheduled:

Monday, Tuesday, Thursday, Friday: **8 a.m. to 4 p.m.**
Wednesday: **9 a.m. to 7 p.m.**



X is free parking

We accept all major health insurance plans.

At Mountainside Hospital, world-class physicians treat a wide range of medical conditions using state-of-the-art technology. Patients have immediate access to innovative and effective treatment alternatives at specialized centers within the hospital that focus on imaging, women's health, cancer care, surgery, obesity, stroke and chronic kidney disease.

Visit www.mountainsidehosp.com.

MOUNTAINSIDE
HOSPITAL

1 Bay Avenue • Montclair NJ 07042



The Breast Health Program at Mountainside Hospital

The Breast Health Program at Mountainside Hospital offers convenient, stress-free access to the finest preventive, diagnostic and treatment alternatives for benign and cancerous conditions. The comprehensive, multidisciplinary program encompasses skilled, compassionate physicians and staff from the Women's, Cancer and Multi-Specialty Health Centers, conveniently grouped together on the first and second floors of the Harries Pavilion.



State-of-the-Art Diagnostic Tools

The Mountainside Breast Health Program promotes wellness and the best patient outcomes through prevention, early intervention and accurate diagnosis. We offer:

- Digital mammography, ultrasound and breast MRI
- Large-field mammography to more effectively screen women with large or dense breasts
- The most current, minimally invasive, image-guided alternatives to surgical biopsies for women whose studies indicate a need for further evaluation, including: stereotactic, ultrasound-guided and MRI-guided biopsies
- Genetic testing and counseling for those who may be at risk due to family history

Talented Physician Specialists and Skilled Staff

The Mountainside Hospital Breast Health Team includes:

- Physicians who are board-certified in diagnostic radiology and fellowship trained in women's imaging
- Physicians who are experienced at administering painless, non-invasive genetic tests and counseling patients deemed at risk
- Physicians who are board-certified in medical, surgical and radiation oncology including some with credentials in the subspecialty of breast surgery oncology
- Board-certified plastic and reconstructive surgeons to work with patients who choose to have breast reconstruction
- Nurses and technicians who have completed specialized training and certifications in mammography, oncology services and other relevant disciplines

- Helpful support staff to assist with administrative details and insurance eligibility
- Compassionate staff members and volunteers who provide counseling and lead an array of life-affirming programs for breast cancer patients and survivors, as well as their family members

Comprehensive Cancer Care

In the event of a cancer diagnosis, our Cancer Center provides an exceptional standard of care rarely found within a community hospital. In fact:

- The Mountainside Cancer Center is accredited with commendation by the American College of Surgeons' Commission on Cancer—a designation awarded to only about one-fourth of all hospitals that provide cancer care nationwide.
- The Cancer Center is staffed by a multidisciplinary team of specialists who collaboratively review each patient's case to establish the best possible treatment plan.
- A specially trained nurse, known as a Patient Navigator, is assigned to work with every patient and their loved ones, from diagnosis through the completion of treatment, to minimize stress and ensure that all needs are met.

- Access to emerging treatment alternatives and clinical trials is provided, when appropriate, via a special partnership with the Cancer Institute of New Jersey.
- Patients and their loved ones receive comprehensive assistance with emotional and practical needs throughout the course of treatment and beyond.

Advanced Surgical Techniques

Our surgical team is skilled at performing the most effective procedures for the treatment of benign and malignant breast conditions, including:

- Lumpectomy and other breast conservation therapies
- Advanced onco-plastic procedures and nipple-sparing mastectomies
- Immediate reconstructive plastic surgery following mastectomy
- Innovative microvascular reconstructive surgery options

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