

A Better Way to Manage Your Health Care Needs

An estimated 90% of all patient interactions with medical offices are currently completed by phone. With Mountainside E-Doc, you can:

- Eliminate the need to communicate only during designated office hours
- Avoid frustrating telephone tag
- Send and receive written communications to reduce the risk of misunderstandings
- Expedite access to routine test results, prescription medications and other needs
- Conveniently share information with all participating physicians involved in your care

To learn more about the benefits of Mountainside E-Doc or to sign up today, visit www.MountainsideE-Doc.com.

At Mountainside Hospital, world-class physicians treat a wide range of medical conditions using cutting-edge technologies. Patients have immediate access to innovative and effective treatment alternatives at specialized centers within the hospital that focus on women's health, cancer care, cardiac care, bariatric surgery, stroke, outpatient diagnostics, diabetes, dialysis and other needs.



MOUNTAINSIDE
E-DOC

Convenient, Secure
Access to Your Doctor
...and Much More

Communicating with doctors and managing health care needs has never been easier for consumers who are connected to the web. Mountainside E-Doc is a free, value-added service provided by Mountainside Hospital for affiliated doctors and their patients. E-Doc efficiently links state-of-the-art medical care with a secure, user-friendly, state-of-the-art communications network.



What is Mountainside E-Doc?

E-Doc is a secure, online communications program with the potential to improve the quality of your medical care. It's available to doctors affiliated with Mountainside Hospital and their patients. Mountainside contracts with **RelayHealth**, one of the nation's leading medical information technology providers, to offer E-Doc.

Mountainside E-Doc provides:

- Confidence that your personal information will be safely transmitted and stored using technology that's more secure than either the telephone or regular e-mail
- Convenient access to all participating physicians, as well as authorized members of their office staff
- Connectivity to a network that also includes local pharmacies

How does E-Doc Work?

To take advantage of E-Doc, register at your doctor's office, go to www.mountainsideE-Doc.com or use the E-Doc link on the mountainsidenow.com home page. E-Doc is easy to use. Simply follow all on-screen instructions and prompts.

You must be an established patient of a participating physician to qualify. When creating your account, you can also register to communicate with doctors on behalf of your children and other immediate family members.

If you or a family member is under the care of multiple physician specialists, a convenient "Find Your Doctor" search feature is available. New physicians are constantly being added to E-Doc and patients are encouraged to ask their physicians to join.

Once your registration is completed, you'll receive password protected access to several useful components:

Appointment Scheduling

- Schedule, change or cancel an appointment with any participating physician

Message and Information Exchange

- Receive written pre-visit instructions and other information from your doctors
- Send brief notes and receive confidential replies

Test Results

- View results of routine lab and diagnostic imaging tests



Prescription Fulfillment

- Expedite accurate fulfillment of prescriptions via three-way communication between you, your doctor and the pharmacy

Electronic Personal Health Record

- A convenient way to maintain, view, update and correct your health records
- The best means for sharing your health information with participating physicians involved in your care

E-Doc Facts at a Glance...

- Whenever a message is posted for you at E-Doc by a doctor or other authorized user, you will receive an e-mail alert.
- Personal information stored on E-Doc is strictly confidential and will never be shared with any parties without your consent.
- There is never any charge to use E-Doc. It's provided as a courtesy to patients whose doctors are members of Mountainside Hospital's distinguished medical team.

Register today at your doctor's office, go to www.mountainsideE-Doc.com or use the E-Doc link on the mountainsidenow.com home page.

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E-Doc