

Mountainside Intensivists or Critical Care physicians are specialists that have received additional years of training to care for our patients who are critically ill. Our Intensivists are devoted to the Mountainside ICU on a full-time basis, 24 hours per day, 7 days per week, and 365 days per year.

Dedication and commitment

Our management team, comprised of clinical, financial, operational, IT, marketing and recruiting specialists, is all at the top of their respective fields and bring years of successful high-level healthcare management expertise to its clients. This allows each of our hospital partners the ability to reach out to colleagues when a situation arises where they would like an “in-house” consultant. There is simply no other practice management firm with more experience across the entire management team actively involved in the management of each site. We go beyond staffing and providing management services. We are often called upon by our hospital partners for advice and strategic planning as it pertains to long-term clinical, administrative, operational and fiscal issues.

Trained, skilled Intensivist Physicians

Our involvement with residency training and ongoing education programs makes our group unique in its ability to continually recruit and retain experienced and highly skilled physicians.



973-429-6000

Please request a page for an Intensivist Physician

A few of the things that make us unique...

- **Intensivists at Mountainside** are accountable for the services and care we provide
- **Intensivists at Mountainside** work with our physician partners to achieve the goals we have set forth and commitments we have made
- **Intensivists at Mountainside** are committed to achieve optimum levels of physician and patient satisfaction

To make a referral to one of our
Intensivists, please call:

Intensivists at Highland, P.A.



1 Bay Avenue
Montclair, NJ 07042

973-429-6000

Please request a page for an Intensivist Physician

Mountainside Hospital *partnering with* Intensivists at Highland



An Intensivist Service providing support for Mountainside Hospital Referring Physicians



Intensivists at Highland

Intensivists at Mountainside

The Mission of Mountainside Hospital is to continually improve the health and quality of life for the people we serve. Every day, the Hospital's highly trained doctors, nurses and staff provide quality care with warmth, compassion and personalized attention using state-of-the-art technology.

Acting on its mission and values, Mountainside Hospital first established a Hospitalist program and now the Intensivist program. Mountainside Hospital has the only program in the Essex County area providing board-certified Hospitalists and Intensivists 24-hours a day, seven days a week.

What is an Intensivist?

The Mountainside Intensivist Program provides intensive, coordinated care to ICU patients. Members of a team of specialists meet daily to review the status of every ICU patient and their treatment plans for the day and immediate future. The team consists of an Intensivist, hospitalist, the patients' nurses, nurse in charge of the ICU, registered dietitian, clinical pharmacologist, respiratory therapist, rehabilitation specialist, medical social worker, discharge planner, and, as needed, other specialists.

What is the Intensivists role at Mountainside Hospital?

Our Intensivists lead the Critical Care Team including nurses, respiratory therapists, pharmacists, dieticians and other professionals to provide patients with continuous and consistent care. Mountainside Intensivists coordinate the care of each patient and work closely with other specialists, as well as communicating their treatment plan with patients and their families. Mountainside Intensivists along with our Hospitalists help manage patients throughout the hospital. These physicians assess patients in the Emergency Department, admit patients, arrange for specialty consultants and arrange post-hospital care. They then refer the patients back to their regular physician for outpatient care.

What are their qualifications?

Our Intensivists are uniquely qualified by educational background and training, procedural skills, time commitment, experience, and have the institutional support to serve as the clinical team leader. These board-certified, critical care physicians take a total care approach to critically ill patients, orchestrating opinions from many different consultants, thus preventing fractionation of care and providing a coordinated approach to the patient and family.

Extensive, Round-the-Clock Care

The Mountainside Intensive Care Unit is a specialized unit where patients with critical illness or injury receive comprehensive, 24/7 care and monitoring. Each patient in the ICU is carefully and closely managed by a team of highly trained, compassionate full time staff Intensivists and other professionals.

Information for the patient at Mountainside Hospital

Your physician may request that a Hospitalist or an Intensivist take care of you while you are a patient at Mountainside Hospital. If you do not have a family physician on staff at Mountainside Hospital, a Hospitalist or Intensivist may be an option for you.

The Hospitalists and now our Intensivists are in communication with your primary care physician or family physician and will return you back to your physician after discharge. If you do not have a primary care physician, they will assist you in finding one.

How does an Intensivist benefit the patient?

By focusing their practice on the care of a hospitalized patient, an Intensivist can gain a great deal of experience in the unique aspects of a patient's needs during the hospital stay. An Intensivist at Mountainside Hospital can rapidly coordinate inpatient care throughout the day and react to emerging clinical data and changes in the patient's medical status.

National studies have shown that Intensivists improve clinical outcomes. This means patients receive the best possible care while they are here at Mountainside.

Excellence in Patient Care